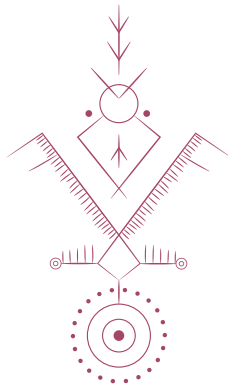


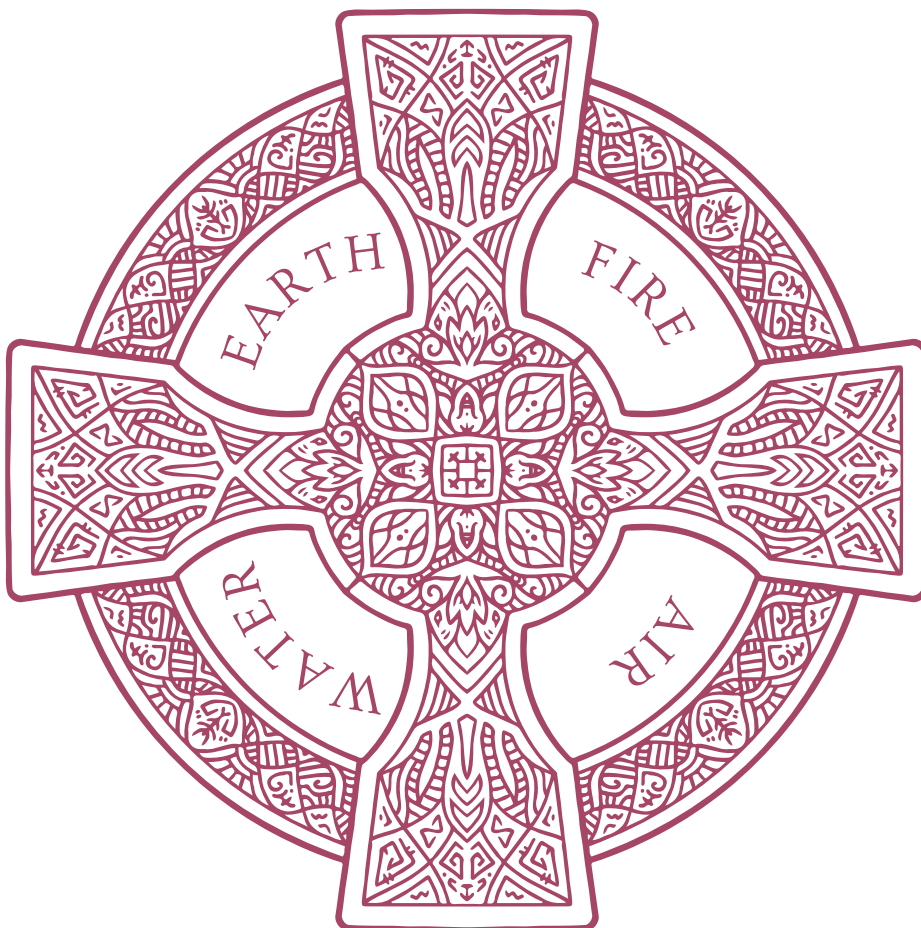
YONI SHAKTI WOMB WELLNESS PRESENTS



THE WOMB ALIGNED PATH

PORTAL 4

ELEMENTAL MATRIX: WEAVING YOUR WOMB
INTO THE TAPESTRY OF NATURE'S ELEMENTS





GRAIL GATES OF THE WOMB CROSS



THE WOMB ALIGNED PATH

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7th GATE
WATER/
Left Ovary





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7TH GATE

WATER / LEFT OVARY

Attributes

Direction: Left Ovary / East

Embodies: Intuition, Receptivity, Surrender

Womb Wisdom: Ovulation, Prophecy, Union

Spirit Guardians: Mermaids, Dolphins and Whales,
Primordial Mothers

Feminine Essence: Oshun, Stella Maris, Ladies of the Lake

Sacred Sounds: Siren Song and Whale Sounds

Invocation: *May the healing flow of
Water cleanse and renew me*



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ELEMENTAL MATRIX: WEAVING YOUR WOMB INTO THE TAPESTRY OF NATURE'S ELEMENTS

Embarking on the sacred journey along the feminine path, encircling the womb circle, and traversing the branches of the tree of life, one transcends into the profound current of life's second flow. Here, the essence of deep femininity unfolds, embracing the qualities of surrender and pure existence. The individual metamorphoses into a receptive conduit, allowing the pulsating life force and Divine Godly essence to course through them. Throughout the ages, the most profound wisdom on the feminine journey has been bestowed through a harmonious dance with the lunar element—an act of grace by the divine earth Mother.

Immersed within the womb water element, a wellspring of profound compassion and benevolence emerges. It seamlessly melds the undulating energy of pure shakti (power) with boundless, enveloping love. This elemental source births archetypes like the ladies of the lake, whose gentle waters become a sanctuary for the troubled warriors seeking solace. Here, in these healing waters, everything is bathed and reborn.

This sacred element holds the luminous key to living light—feminine radiance, cradled in the liquid blackness of primordial love. Originating in water, life itself echoes through this element, mirroring our genesis in the amniotic waters of our mother's womb. Comprising 70 percent water, our bodies become vessels resonating with emotion, encapsulating the pure essence of our souls. Within this element, one commences the embodiment of the feminine divine energy.

Miracles and synchronicities seamlessly weave into the fabric of daily existence, ushering one into a pristine dimension of feminine love. Lingering patterns of old wounds dissipate, embraced and healed by the balm of forgiveness and innocence. People are magnetically drawn not for advice, but to bask in the beauty of one's presence. The physical body transforms into a sacred temple for Spirit, bathed in a gentle glow capable of transmitting regenerative waves of love.

The journey unfolds as mental realms fade away, replaced by a descent into the depths of feelings, symbols, dreams, and interconnectedness. Becoming a soul reader, one perceives the intricacies within others, feeling even what eludes their own awareness. A profound absence of judgment emerges, leaving only love as the singular desire—for oneself, others, and all living beings.

Yet, with heightened sensitivity comes the unsettling realization that boundaries between self and the world dissolve. Open to the collective wounded thoughts and feelings permeating the ether, it becomes imperative to balance with other elements, preventing overwhelming merger or exploitation of compassion in a world still out of resonance with love.

The sexual energy within this current beckons as a surrendered invitation to embrace and indulge in pleasure. It embodies the undulating currents of orgasmic love, delving into unexplored realms of pleasure with an open heart. Here, orgasmic pleasure transcends into a sacred sacrament—a pure offering of love to the Great Beloved.



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WOMB WATER ENERGY IN RELATIONSHIPS

This pure white river merged with the sensual flow of Shakti is what every man desires in his deepest soul self. It is home. It is sacred union. It heals, restores, and revives the masculine of all his perceived wounds. When this union of life-force flow occurs, a woman becomes everything to a man—his mother, his lover, his sister, his best friend, his teacher, and his reason for being. In return for his devotion, a woman gives everything of herself, so she can be a vessel of pure Love, a conduit for Source, and his pathway back to wholeness.

When there is too much water element, a woman can become too passive, too receptive, and not discerning or protective enough of her boundaries. This is embodied in the woman who gives too much, who squanders all her power and precious energy on giving to others and taking on their problems. In a relationship, the woman takes on a mothering or enabling role, trying to fix the life of her partner, at the expense of her own needs and desires.

If there is the deficient water element, a woman can be too uptight and controlling—surrender- to love or orgasm feels very difficult. Men find this energy hard and prickly, and relationships founder because of an inability of the woman to let down her guard. Often women turn to careers for safety and control.



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PERSPECTIVES ON WATER ENERGY IN THE CONTEXT OF THE WOMB:

Water energy, within the context of the womb, holds a profound and symbolic significance, representing the primordial source of life, creation, and the deep feminine mysteries. The womb, as a vessel of life and birth, is often associated with the element of water, and this symbolism extends beyond the physicality of the womb to encompass the spiritual and energetic dimensions.

- **Symbolism of Water in the Womb:**

- **Creation and Birth:** Water is the essential medium for the conception and nurturing of life. It mirrors the amniotic fluid that cradles and sustains the developing embryo within the womb. This symbolism underscores the life-giving and nurturing aspects of the feminine, emphasizing the womb as a sacred space of creation and birth.
- **Fluidity and Emotion:** Water is inherently fluid, mirroring the ever-changing nature of emotions. Within the womb, this fluidity symbolizes the emotional landscape that shapes and influences the development of the growing life. Emotions, like water, can be gentle or turbulent, and the womb becomes a container for the ebb and flow of emotional energies.

- **Sacred Feminine and Lunar Connection:**

- **Lunar Influences:** Water energy in the womb is often associated with lunar influences, connecting to the cycles of the moon. The waxing and waning of the moon parallel the phases of a woman's menstrual cycle, emphasizing the intimate link between the lunar rhythm and the feminine fertility cycle.
- **Intuition and Wisdom:** The moon is a symbol of intuition and inner wisdom. Within the womb, water energy may amplify these qualities, encouraging a deep connection to one's inner self, intuition, and the profound wisdom inherent in the cycles of life, creation, and nurturing.

- **Healing and Purification:**

- **Purifying Waters:** Water is a universal symbol of purification and renewal. In the context of the womb, it represents a cleansing and transformative force, washing away the old and preparing for new beginnings. This purification process is not only physical but extends to emotional and spiritual realms as well.
- **Womb as a Healing Space:** The watery environment of the womb can be seen as a healing space, where the developing life is enveloped in the gentle, nourishing embrace of the feminine. This healing energy may extend beyond the physical gestation period, influencing the individual's relationship with their own femininity and emotional well-being.

- **Feminine Creative Power:**

- **Fertility and Creativity:** Water in the womb embodies the fertile and creative power of the feminine. It is a reservoir of potential, where the seeds of life are planted and nurtured. This symbolism extends beyond physical fertility to encompass creative endeavors, birthing not only biological life but also ideas, projects, and artistic expressions.

Water energy in the context of the womb is a multifaceted symbol representing the sacred, life-giving, and transformative aspects of the feminine. It invites contemplation on the interconnectedness of water, emotions, lunar cycles, and the creative forces that flow within the depths of the womb—the cradle of life and the source of profound feminine wisdom.



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GIFTS AND BLOCKS OF THE SEVENTH GRAIL GATE

Gifts of the Seventh Grail Gate

Psychic, Compassionate, Intuitive, Empathetic, Genius, Anointrix, Priestess Lineage, Womb Gnosis, Womb Shamaness, Feminine Light Body.

This space connects you to the tender feminine essence that embraces all of life. It is softly radiant and attracts love and nourishment effortlessly. It is the receptive channel that connects with other people, the cosmos, and earth wisdom. It is the seat of your psychic intuition. Women in touch with the water element of their Womb will have an almost supernatural power to intuit knowledge and feel others' emotions, and manifest synchronicities.

This element connects you to your soul mate with a deep psychic bond. Ideas that flow from this element are often paradigm changing—moments of true genius. This is the element associated with oracles and female priestesses through the ages, and connects to their Wisdom. It is the flow of Life, which Source speaks through.

Blocks of the Seventh Grail Gate

You find it difficult to connect to the magic of life, and are prone to judge others and yourself. You may have denial about the true extent of your emotional wounds, guarding and protecting them with anger and resistance. Your receptive channel is offline, because to open it would also mean a huge amount of grief flowing through. You feel life is against you.

You struggle to relate to the masculine or surrender to love. You can be “spiky” or argumentative. Underneath your suspicion and anger is a deep feeling that you have to close your heart to survive. You often retreat into the intellectual realms and value control and career success.



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Womb Mapping: Water Element

1. Sit in a cross-legged womb meditation, bring your hands into a prayer position in front of your heart, then rotate your joined hands forward, so they are now pointed outward straight in front of you. Bring them slowly apart so only your fingertips are touching. Feel the energy flowing, creating a womb space in front of your heart.
2. Move your energy and awareness to the left side of this womb grid mudra where your left knuckles are. Feel a connection between this point, and the left side of your womb and left ovary.
3. Begin to feel the energy of this area—any warmth, blocks, coldness, resistance.
4. Ask yourself the following questions, or just allow any insights and visions to arise.

Questions to Percolate in Your Womb Cauldron

1. **What do you need to surrender to and release to let love in?**
2. **What makes you relax and feel as if you are “in the flow”?**
3. **What secret message is your intuition whispering to you?**



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Significant Dates in Portal 4:

Week 1:
13 - 20 Dec
13 Dec: NEW MOON

Week 2:
21 - 28 Dec
27 Dec: FULL
MOON

Week 3:
29 Dec - 5 Jan

Week 4:
6 - 10 Jan

WEEK 4 RITUAL PRACTICES:

- Read through Week 4 Guide on the Seventh Grail Gate
- Complete the Womb Mapping Activity: Water Element
- Listen to the Healing Waters Meditation Daily for as long as you desire
- Daily read the sacred affirmation below
- Practice Womb Breathing
- Do Pelvic Presence Meditation as you see fit
- Use Sacred Womb Healing to meditate before sleep
- Be in water as much as possible with intentional connection to your water essence/ left ovary

I am a vessel of sacred waters, flowing with the essence of creation and life. Within the sanctuary of my womb, the deep currents of emotion and intuition gracefully ebb and flow. As the lunar cycles guide me, I embrace the wisdom of the feminine, attuning myself to the sacred dance of creation. In the waters of my womb, I find healing and purification, cleansing away the old to make way for renewal. I honor the intuitive whispers that arise from the depths, trusting in the sacred wisdom carried by the lunar tides. I am a guardian of the sacred feminine, nurturing the seeds of creativity and life within. My womb is a space of profound connection—to myself, to the cycles of nature, and to the universal source of love and creation. I am a co-creator with the divine forces of life. I embrace the power of water, the elemental source of my feminine essence, and I affirm my connection to the eternal flow of creation and love.